

Alcohol and Drug Use in Military Veterans

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Websites in the Slide Presentation

Association for Cognitive and Behavioral Therapies (ABCT)

<http://www.abct.org/home/>

Motivational Interviewing

<http://motivationalinterviewing.org/>

Website for standard drink cards

<http://sbirtonline.org/toolkit/>

<http://rethinkingdrinking.niaaa.nih.gov/WhatCountsDrink/WhatsAstandardDrink.asp>

Fagerström Test for Nicotine Dependence

http://www.nova.edu/gsc/nicotine_risk.html

Institute of Medicine. (2013). Substance Use Disorders in the U.S. Armed Forces. Washington, DC: National Academy of Science. 400 page report can be downloaded from the website

www.nap.edu

Drug Abuse Screening Test (DAST-10)

http://www.nova.edu/gsc/online_files.html

<http://sbirtonline.org/toolkit/>

Opioid Risk Tool (ORT)

<http://sbirtonline.org/toolkit/>

Quick Drinking Screen (QDS)

http://www.nova.edu/gsc/online_files.html

Single Binge Question (SBD)

<http://sbirtonline.org/toolkit/>

Decisional Balance Exercise

http://www.nova.edu/gsc/online_files.html

Alcohol Use Disorders Identification Test (AUDIT-10 and AUDIT-3)

<http://sbirtonline.org/toolkit/>

Where Are You Now Scale

http://www.nova.edu/gsc/online_files.html

<http://www.nova.edu/gsc/>

Comorbidity in Veterans

http://www.rand.org/content/dam/rand/pubs/research_briefs/2008/RAND_RB9336.pdf

<http://www.rand.org/multi/military/veterans.html>

Department of Defense (2013). 2011 Department of Defense Health Related Behaviors Survey of Active Duty Military Personnel

<http://tricare.mil/tma/dhcape/surveys/coresurveys/surveyhealthrelatedbehaviors/downloads/Final%202011%20HRB%20Active%20Duty%20Survey%20Exec%20Summary.pdf> (accessed 11.5.2013)

National Institute of Drug Abuse

Drugs of Abuse

www.drugabuse.gov

<http://www.drugabuse.gov/drugs-abuse/emerging-drugs>

Division 50, Society of Addiction Psychology, American Psychological Association

<http://www.apa.org/about/division/div50.aspx>

Size and Gender Differences can be Estimated in Charts at the Following Website

http://www.brad21.org/bac_charts.html

<http://www.intox.com/drinkwheel.aspx>

<http://bloodalcoholcalculator.org/#LinkURL> (also provides information about a person's BAL and laws for determining drunk driving by state)

Other Resources in Slide Presentation

Rethinking Drinking: Alcohol and Your Health

<http://rethinkingdrinking.niaaa.nih.gov/>

National Institute on Alcohol Abuse and Alcoholism (NIAAA) Clinician's Guide

http://pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/clinicians_guide.htm

SAMHSA publications

<http://store.samhsa.gov/facet/Substances>

NIAAA Assessing alcohol problems (Allen, J. P., & Wilson, V. (2003). *Assessing alcohol problems (2nd ed.)*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism

<http://pubs.niaaa.nih.gov/publications/AssessingAlcohol/index.htm>

NIAAA: Resources and publications on alcohol use and alcohol-related problems

<http://www.niaaa.nih.gov/publications>

NIDA: Resources and publications on drug use and drug-related-problems

<http://www.drugabuse.gov/publications/media-guide/nida-resources>

National SBIRT ATTC Suite of Services

<http://ireta.org/toolkitforsbirtRethinking>

Southeastern Consortium for Substance Abuse Treatment (SECSAT): Developed many resources to help clinicians assess at risk alcohol and drug users. SECSAT ToolKit has several brief screening measures as well as tools for clinicians to implement the Screening, Brief Intervention and Referral to Treatment (SBIRT) protocols which have been shown to be effective in reducing substance misuse. Descriptions and links to download materials are provided

<http://sbirtonline.org/toolkit>

Institute of Medicine. (2013). Substance Use Disorders in the U.S. Armed Forces. Washington, DC: National Academy of Science (400 page report)

www.nap.edu

Office of National Drug Control Policy

<http://www.whitehouse.gov/ondcp/>

<http://www.whitehouse.gov/ondcp/ondcp-fact-sheets/synthetic-drugs-k2-spice-bath-salts>

<http://www.whitehouse.gov/ondcp/prescription-drug-abuse>

***Invisible Wounds: Mental Health and Cognitive Care Needs of America's Returning Veterans*, by the Rand Corporation, 2008. Download report**

<http://www.rand.org/multi/military/veterans.html>

Beck Institute

<http://www.beckinstitute.org>

Websites Listing Evidenced Based or Empirically Supported Interventions for SUDs

<http://nrepp.samhsa.gov/ViewAll.aspx>

SAMSA's National Registry of Evidence-based Programs and Practices (NREPP) is a searchable online database of mental health and substance abuse interventions. All interventions in the registry have met NREPP's minimum requirements for review and have been independently assessed and rated for Quality of Research and Readiness for Dissemination.

NREPP is a searchable online registry of more than 310 substance abuse and mental health interventions. NREPP was developed to help the public learn more about evidence-based interventions that are available for implementation. 310 substance abuse and mental health interventions. NREPP was developed to help the public learn more about evidence-based interventions that are available for implementation.

http://www.div12.org/Psychological_Treatments/index.html

The purpose of this website is to provide information about effective treatments for psychological disorders. The website is for the general public, practitioners, researchers, and students. Basic descriptions are provided for each psychological disorder and treatment. In addition, for each treatment, the website lists key references, clinical resources, and training opportunities.

Major Addiction Websites

National Institute on Alcohol Abuse and Alcoholism:

<http://www.niaaa.nih.gov>

National Institute on Drug Abuse:

<http://www.drugabuse.gov>

Substance Abuse & Mental Health Services Administration (SAMHSA)

<http://www.samhsa.gov>

Web of Addictions:

<http://www.well.com/user/woa/>

Medline Plus (National Library of Medicine):

<http://www.nlm.nih.gov/medlineplus/drugabuse.html>

Center for Substance Abuse Research

http://www.cesar.umd.edu/cesar/drug_info.asp

World Health Organization

http://www.who.int/topics/substance_abuse/en